

America's Best®

N U T R I T I O N

CAPSULE SIZE	000	00el	00	00 LQ	0el	0	1	2	3	4
WEIGHT										
Average Weight (mg)	158	130	123	132	107	99	76	61	48	38
tolerance	± 10	± 10	± 7	± 4	± 7	± 6	± 5	± 4	± 3	± 3
CAPACITY										
Volume Capacity (ml)	1.37	1.02	0.95	0.95	0.77	0.68	0.48	0.36	0.27	0.20
density of dosing powder										
0.6 g/ml	822	612	570	570	462	408	288	216	162	120
0.8 g/ml	1096	816	760	760	616	544	384	288	216	160
1.0 g/ml	1370	1020	950	950	770	680	480	360	270	200
1.2 g/ml	1644	1224	1140	1140	924	816	576	432	324	240
OVERALL CLOSED LENGTH										
(mm)	26	25.4	23.4	23.4	23.4	21.6	19.4	17.6	15.7	14.3
tolerance	± 0.3	± 0.3	± 0.3	± 0.3	± 0.3	± 0.3	± 0.3	± 0.3	± 0.3	± 0.3
(inches)	1.024	1	0.921	0.921	0.921	0.85	0.764	0.693	0.618	0.563
tolerance	± 0.012	± 0.012	± 0.012	± 0.012	± 0.012	± 0.012	± 0.012	± 0.012	± 0.012	± 0.012
INDIVIDUAL LENGTHS (CAP & BODY)										
CAP (mm)	12.9	12.94	11.8	11.8	11.9	10.85	9.85	8.8	8	7.2
tolerance	± 0.35	± 0.5	± 0.35	± 0.35	± 0.35	± 0.35	± 0.35	± 0.35	± 0.35	± 0.35
BODY (mm)	21.9	22.38	20.1	20.1	20	18.45	16.4	15.15	13.45	12.1
tolerance	± 0.35	± 0.35	± 0.35	± 0.35	± 0.35	± 0.35	± 0.35	± 0.35	± 0.35	± 0.35
CAP (inches)	0.508	0.509	0.464	0.464	0.468	0.427	0.388	0.346	0.315	0.283
tolerance	± 0.014	± 0.014	± 0.014	± 0.014	± 0.014	± 0.014	± 0.014	± 0.014	± 0.014	± 0.014
BODY (inches)	0.862	0.881	0.791	0.791	0.787	0.726	0.646	0.596	0.529	0.476
tolerance	± 0.014	± 0.014	± 0.014	± 0.014	± 0.014	± 0.014	± 0.014	± 0.014	± 0.014	± 0.014
EXTERNAL DIAMETER										
CAP (mm)	9.94	8.58	8.56	8.56	7.66	7.65	6.96	6.39	5.85	5.33
BODY (mm)	9.55	8.25	8.23	8.23	7.35	7.35	6.63	6.12	5.60	5.08
CAP (inches)	0.391	0.338	0.337	0.337	0.302	0.301	0.274	0.252	0.23	0.21
BODY (inches)	0.376	0.325	0.324	0.324	0.289	0.289	0.261	0.241	0.22	0.2

Recommended Storage Conditions:

59°-77°F / 15°-25°C

RH 35-65%